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**Academy of Hypnotic Science**

[www.ahs.edu.au](http://www.ahs.edu.au)

**A division of Stirling Institute of Australia 21132**

MKT121 - Prospectus - Diploma of Clinical Hypnotherapy

**Melbourne Campus:** 44 Station Rd, Cheltenham, Vic 3192

**Enrolment Enquiries:** Anette Matys T: 0432 868140 | E: anette.matys@ahs.edu.au
YOUR FUTURE: WE TAKE YOUR SUCCESS PERSONALLY

We’re dedicated to your success. Enrol with us and you get all the practice, all the advice, all the information and all the learning you need to become a Clinical Hypnotherapist. We’re with you every step of your journey.

You can have confidence in us. Our courses are designed to do two things: first, to share with you the skills, knowledge, experience and expertise to do great work as a Clinical Hypnotherapist; and second, just as importantly, to share with you the skills, knowledge, experience and expertise to set up, launch and grow your own private Clinical Hypnotherapy practice, attracting just as many clients as you want to see.

Want to be the best? Be with the best. Training with us, you get to spend time with the most experienced, best Hypnotherapy trainers in Australia. They’re specialist experts in their field – and they’re great trainers, too, with many, many years sharing their experience and helping people just like you become great therapists, as well as many years of experience seeing thousands of clients. Every single one of them was once just like you, a beginner – and we never forget that. Our courses are constantly updated and revised to respond to student feedback and developments in our profession.

So many opportunities to practice what you’re learning! Train with us and you’re not only learning the theory – you’re constantly putting it into practice, too. You’ll see live demonstrations, and then go and practice for yourself, in a safe, structured environment, gently guided, prompted and encouraged by our expert trainers. And as an Academy student you can come and use our rooms to practice in for free. You can even set up your practice and start seeing clients there, too!

The ultimate in credibility. Our course is government-accredited, which means that as a graduate with experience seeing clients you can get Clinical Membership of Australia’s national professional Hypnotherapist Associations; get insurance to practice; and even get your own private healthcare provider number. You’ll only train as a Hypnotherapist once, so doesn’t it make sense to make sure what you’re doing has real credibility?

The Academy is Australia’s home of Hypnotherapy. When you successfully complete your course with us, that doesn’t mean goodbye. We have rooms where you can set up your practice, and we have a packed program of Continuing Professional Development sessions, supervision, mentoring and graduate support. As a graduate of the Academy of Hypnotic Science, you’re joining Australia’s biggest and friendliest community of Clinical Hypnotherapists.

“As a graduate of the Academy myself, I’m delighted to welcome you. We have a great team, with terrific trainers who know what it’s like to be setting up a practice. We look forward to seeing you soon!”

Dr Steve Carey, DPhil, Dip.Hyp, FIIB
Principal, Academy of Hypnotic Science
A division of Stirling Institute of Australia 21132
Our Diploma of Clinical Hypnotherapy is designed to take students from all walks of life, either with or without a health professional background, from the very basics right up to the level at which you’ll be able to launch, establish and grow your own private Clinical Hypnotherapy practice, seeing as few or as many clients as you wish. You learn how to treat clients with common presenting issues such as weight loss, stopping smoking and conquering phobias and anxiety. And you learn how to treat more complex presenting cases, such as managing pain, assisting with cancer patients, treating addictive behaviour and depression. You’ll also study how to develop a specialist program of your very own, using smoking cessation and weight loss as examples.

**INSURANCE AS A STUDENT**

As a graduate of the Academy you’ll qualify for professional insurance to practice and see paying clients. While you’re still a student with us, you’re covered by the Academy’s insurance policy, meaning you can practice anywhere in Australia, with anyone – provided, of course, you’ve trained at the Academy.
It’s vital that when you train as a Clinical Hypnotherapist your qualification has credibility with your clients and within the profession. After all, you’re only going to train once, and you want to get it right!

The very first item on your checklist needs to be evidence that your training is government-accredited, and thus has national currency and credibility within the profession. So wherever you choose to study, make sure you see the red and green NATIONALLY RECOGNISED TRAINING triangle. If it doesn’t have that, how do you know that where you’re training is any good?

Because the Academy’s courses are government-accredited, when you successfully complete your studies with us you can get Membership of the Australian Hypnotherapists’ Association (as well as the other national Clinical Hypnotherapy professional Associations). In turn, this means you can get insurance to practice, and even your own private healthcare provider number.

As a graduate of the Academy, you’re entitled to have your profile and contact details on the Australian National Hypnotherapy Register (ANHR), maintained by the Hypnotherapy Council of Australia, the profession’s peak body, which represents our profession in discussions with government and of which the Academy is a foundation member.
WHAT YOU CAN ACHIEVE WITH US

There’s no doubt about it: Hypnotherapy in Australia is growing in popularity – and growing fast. You yourself almost certainly know someone who’s given up smoking or lost weight by seeing a Hypnotherapist, and that’s just a tiny fraction of what it can do. Hypnotherapy can be used to help people overcome phobias, social anxiety, addictions. It can help young people (and not so young people!) study more effectively. It can help people develop greater confidence, whether it’s for public speaking or just in facing the challenges of life. It can even help with your golf shot!

What this means for you.

Does this description sound like you? You find that people come to you with their problems, and tell you you’re a good listener. You love the idea of working with people, helping them to get more from life. And maybe too you’re fascinated by the human mind, with a strong desire to find out what makes all of us tick, and how to help people think more positively and optimistically about their future.

If that does sound like you, then we reckon you’re going to love studying with us! Because that’s what drives us, too. Even more than that, what you learn with us translates directly into knowledge you use to help others. Throughout this little booklet you’ll meet graduates of the Academy who were, just like you, keen to help others – and now they have their own private practice, doing exactly that. So they’re working for themselves, setting their own hours, doing tremendously enjoyable and rewarding work… and getting paid very well for doing so. What’s not to like?

How can you find out more?

We’ve a course starting soon, and we make it really easy for you to find out about us. Here’s how:

• Have a look around our website and sign up to our mailing list at www.ahs.edu.au/contact.html;

• Come along to our next Open Evening. It’s free, but you do need to register, at www.academyopenevening.eventbrite.com.au;

• Look at our upcoming events, at www.hypnotherapy.eventbrite.com.au;

• Call us for a no-obligation chat about our courses on 0432 868 140; or

• Email our friendly Enrolment Manager Anette at anette.matys@ahs.edu.au

“Studying with the Academy has enabled me to launch and build my own private practice. Now I have a full diary of clients and I’m doing what I’ve always dreamed of, helping people and making a difference. And I never imagined studying could be so enjoyable!”

Jennifer Seitanidis, Cert IV Hyp, Dip.Hyp
www.senseofself.com.au
Kensington
YOUR PATH TO SUCCESS

We take your success personally, and want to do everything we can to help you succeed in your chosen path. We recommend that you follow this process to ensure the best possible outcome. Be sure to get your answers in writing!

☐ Do your research. Look at what’s available. Check whether the course you’re undertaking has the right credentials – in particular, who’s it accredited by? Remember that the Academy’s courses are government-accredited.

☐ Check to make sure that when you’ve completed your training you’ll be able to get Australian Hypnotherapists’ Association membership, insurance to practice and your own private healthcare insurance provider number.

☐ Check to see how much practical work there is in the course you’re considering. Some courses are very theory-focused: the Academy is highly practical and skills-based.

☐ Ask how many Ongoing Professional Development events the school puts on – you don’t want to be just left to yourself after you finish your training. In 2016 the Academy put on more than 50 such events!

☐ Check to see how many different trainers you’ll be spending time with. There’s nothing worse than hearing the same voice and the same point of view time after time, day after day! At the Academy you can expect to spend time with between six and ten different specialist trainers.

☐ Go to an Open Evening so you can meet the trainers and ask questions. Ours are free, though you do need to book at www.academyopenevening.eventbrite.com.au.

☐ Ask for testimonials; look at the training provider website; ask around.

☐ If you choose the Academy, your next step is to call 0432 868 140 or email anette.matys@ahs.edu.au to arrange an Interview, see the Academy itself, ask questions about the course, find out course dates and discuss your payment plan.

☐ Then relax – you’re in good hands!

“During my time studying at the Academy, I found the lecturers to be very knowledgeable, helpful and with an extensive range of approaches and techniques. Being experienced hypnotherapists themselves, the information they shared proved invaluable in setting up my own successful practice. I have no hesitation in giving my enthusiastic recommendation to any prospective student of hypnotherapy.”

Simon Cartwright, Dip Hyp, Dip Hypno-Analysis, CMAHA, MAHS.
www.momentumhypnotherapy.com.au
Cheltenham